**Transcript – Psychology – articles about a psychological myth**

This video will help you find journal articles in a library database for your assignment.

Let's look for articles about the myth that "a positive attitude can stave off cancer." Before searching, think of some keywords that best describe the topic. So, we could use “cancer” and “positive attitude” or “positive thinking” or “optimism”. If you don’t get the best results from your first search, try another search with different words.

Let's try PsycINFO. Advanced search gives more options, but this demonstration will use basic search.

When you enter your search terms, the database will show some other similar searches. This can be useful - you may want to try these suggested terms in another search.

Now we have our search results, but there are quite a few. Fortunately there are options to narrow the results. We can make sure the results are well researched articles, so you can narrow to ‘scholarly journals’.

Here are some suggestions to narrow your results. Narrowing by subject will allow you to focus on a particular aspect. For English only articles, use language. For recently published material use publication date. Use methodology if you want to find certain types of articles, for example, literature reviews.

You can read the abstracts of articles by placing the mouse over the 'preview' link. This will show a summary of the article and will help you determine if the results are relevant, or if you need to re-do your search. When you are happy with your results you can now read the articles. If you see a “full-text PDF” link -- that’s great! You can click on the link to read the article, print or save it. Otherwise, click on Find-It to see if the Library has access to the article.

LibrarySearch will show you which other database holds the journal article. Select the database title link.

From here there should be a link to the full-text/PDF.

Now that you have found an article for your assignment - don’t forget to reference it - use the cite feature - tick the box next to your article and click on Cite.

A box will open that displays the reference in your citation style which you can copy and paste into your document.

Do you need some more help? Then go see a librarian at any RMIT library site or contact us online via Ask A Librarian.